





Stage
04
itinerary

AL FUJAIRAH - JEBEL JAIS

km 181

Wednesday, 23 February 2022

D = 2570 m

Elevation			DISTANCE		Timetable		
			run	to be run	km/h		
					41	39	37
FUJAIRAH			>>>>				
	4 AL FUJAIRAH	↑ Start Village	1,7		11.45	11.45	11.45
	5 AL FUJAIRAH	↑ km 0	0,0	181,0	11.50	11.50	11.50
	8 Fujairah Corniche	↪ E89	6,3	174,7	11.59	11.59	12.00
RAK							
	352 Diftah Interchange	↑ E89	35,5	145,5	12.41	12.43	12.46
	453 Masafi	↑ E89	39,2	141,8	12.47	12.50	12.53
FUJAIRAH							
	498 Intermediate Sprint #1	↑ E89	44,9	136,1	12.55	12.58	13.02
	324 Ins. E89	↑ E89	52,4	128,6	13.04	13.08	13.12
	191 Al Halah	↪ E89	60,7	120,3	13.15	13.19	13.23
	100 Ghub	↪ E87	69,1	111,9	13.25	13.29	13.34
	284 Al Mihtaraqah	↪ E87	81,4	99,6	13.43	13.48	13.54
	88 E87xE18 Interchange	↪ E18	98,6	82,4	14.04	14.11	14.18
RAK							
	19 Ras al Khaimah Airport	↪ E18	113,4	67,6	14.23	14.30	14.38
	10 E18xE611 interchange	↪ E611	122,9	58,1	14.34	14.42	14.51
	50 Exit to Jebel Jais	↪	134,5	46,5	14.51	15.00	15.09
	81 Intermediate Sprint #2	↑	138,0	43,0	14.56	15.05	15.14
	162 Wadi Bih	↪	147,9	33,1	15.10	15.19	15.30
	470 First Hairpin	↪	162,8	18,2	15.31	15.41	15.53
	1491 JEBEL JAIS	↑	181,0	0,0	16.14	16.29	16.45

NOTE:



Intermediate Sprint:

km 44.9 Intermediate Sprint #1

km 138 Intermediate Sprint #2



Tunnel: km



Level Crossing: km